

BIBLIOGRAPHY FOR INFORMAL CAREGIVERS

Caregivers are the backbone of our health system. As they give a lot of their time to their loved ones, they often don't have the time to find out more about an illness/condition or about the resources that might be available. The library wants to play an important role in helping you access this information.

The purpose of this bibliography is to provide informal caregivers with documentation on various illnesses/conditions and handicaps their loved ones must face. It proposes a variety of resources and works, whether documentary, community-based, virtual or fiction.

Our goal is not to index all available resources, as new ones are added on a regular basis and some go by unnoticed. This document is more of a tool to be used as a starting point. New books are constantly being published, sites disappear or move or organization contact information changes. We will therefore try to keep abreast of these changes and will update the electronic version of the bibliography on our website on a regular basis. Printed copies of the updated bibliography will also be available at the library.

We invite you to contact us to share your suggestions, add resources or to report all necessary corrections.

Anyone wishing to borrow documents from the Deux-Montagnes Library must be a member. Deux-Montagnes residents have access to free membership and non residents interested by a document from our collection can borrow it through their own municipal library by way of an interlibrary loan.

We would like to thank the libraries of L'Assomption, Repentigny and Charlemagne who have already implemented this service and who graciously offered their bibliography which we used as a guide to develop our own.

Enjoy your reading!

Johanne Chaput
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